



**As the winter winds
begin to blow,
keep me sleeping
safe and warm.**

Safe-sleep tips for winter babies:

- I sleep safest on my back, in my crib, alone.
- It is **not** safe for me to spend the night in my car-seat.
- I can overheat easily, even in the winter.
- I do **not** need coats, blankets, or stuffed toys to keep warm, just a cozy pair of pajamas and a kiss from you!



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Inter-Tribal Council of Michigan
Healthy Start / Family Spirit

2956 Ashmun St.
Sault Ste Marie, MI
49783

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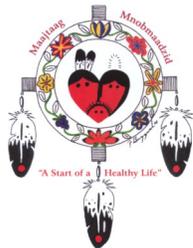


If you do not have a safe crib or pack-n-play for your baby to sleep in,
we may be able to help. Contact your Healthy Start / Family Spirit
Home Visitor:

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