



## Common opioids include:

GENERIC	BRAND NAME
Hydrocodone	Vicodin, Lorcet, Lortab, Norco, Zohydro
Oxycodone	Percocet, OxyContin, Roxicodone, Percodan
Morphine	MSContin, Kadian, Embeda, Avinza
Codeine	Tylenol with Codeine, TyCo, Tylenol #3
Fentanyl	Duragesic, Actiq
Hydromorphone	Dilaudid
Oxymorphone	Opana
Meperidine	Demerol
Methadone	Dolophine, Methadose
Buprenorphine	Suboxone, Subutex, Zubsolv, Bunavail, Butrans

Other opioids include Heroin, Carfentanil. There may be others not listed here.

For more information on where to access Naloxone or to speak to someone about recovery services:

**Colleen  
Medicine**

**906-632-6896**

**[cmedicine@itcmi.org](mailto:cmedicine@itcmi.org)**

Many of the images and information used were taken from the following sources:

<https://store.samhsa.gov/system/files/sma18-4742.pdf>

Naloxone Rescue Training for the community:  
<https://redproject.org/learn/naloxonetraining/>

<https://www.drugabuse.gov/news-events/news-releases/2019/03/opioid-overdose-reversal-news-fda-approved-naloxone-devices-produce-substantially-higher-blood>

[https://www.pharmacy.ca.gov/publications/naloxone\\_fact\\_sheet.pdf](https://www.pharmacy.ca.gov/publications/naloxone_fact_sheet.pdf)

# OPIOID OVERDOSE & NALOXONE



## What You Need To Know About Opioid Overdose And Administering Naloxone

*Developed by Inter-Tribal Council of Michigan Supported by Michigan Department of Health and Human Services (MDHHS)*

## What is an opioid overdose?



When a person takes too many opioids it can make them stop breathing, and can lead to death. In many cases, if the person is given naloxone nasal spray or injection early enough, the overdose can be reversed to prevent death.

## What is naloxone?

Naloxone is an antidote to opioid overdose. It is an opioid antagonist that is used to reverse the effects of opioids. Naloxone works by blocking opioid receptor sites. It is not effective in treating overdoses of any other drugs other than opioids. However, if opioids are taken in combination with other sedatives or stimulants, naloxone may be helpful.

## In case of overdose:

### USE THE 3 A's:

#### ASSESS

Assess the situation to see if someone is overdosing:

- Check responsiveness using the sternal rub
- Lips and fingernails turning blue or gray?
- Skin pale or clammy?
- Suspected opioid use + slow/no breathing or not responsive = OVERDOSE
- Call 911 if possible

#### ADMINISTER

Administer naloxone:

- Give Intramuscular injection, OR
- Give Nasal Spray
- Call 911 if you haven't already
- If no reaction after 3 minutes, give second naloxone dose

#### AFTERCARE

- Provide rescue breathing if necessary
- Call 911 if you haven't already
- Assess if another dose of naloxone is necessary

**>>STAY WITH PERSON  
UNTIL HELP ARRIVES.**

## Directions to Administer:

### Injectable naloxone

*This requires assembly. Follow the instructions below.*

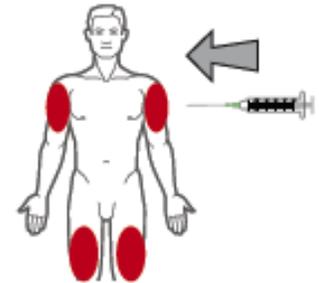
- 1** Remove cap from naloxone vial and uncover the needle.



- 2** Insert needle through rubber plug with vial upside down. Pull back on plunger and take up 1 ml.



- 3** Inject 1 ml of naloxone into an upper arm or thigh muscle.



- 4** If no reaction in 3 minutes, give second dose.

### Nasal spray

This nasal spray needs no assembly and can be sprayed up one nostril by pushing the plunger.

