

Adult Temperature, Pulse and Respiration

Measure adult TPR upon enrollment, each trimester of pregnancy, at yearly assessment visits, upon exit from the program, and more frequently if warranted.

Normal TPR Values
 Temperature:
 Oral (96.8F - 99.5F)
 Tympanic (97.2F - 100.0F)
 Pulse: 60 – 100
 Respirations: 12 – 20

Vital Signs
**Outside
 Normal Limits**

Assess

Normal color of skin, lips and tongue
 Normal responses
 Normal skin and eyes
 Moist mucous membranes
 No intermediate or high risk s/s

**Low
 Risk**

**Re-check TPR
 before leaving visit**

Vital Signs
WNL

Vital Signs
**Outside
 Normal Limits**

EDUCATE
 Watchful waiting
 Increased signs or symptoms
 When to call medical provider

Unusual pallor
 Nasal flaring
 Tachypnea:
 Crackles, rales, wheezing, stridor, rhonchi
 Anorexic
 Lethargy
 Febrile
 Swelling of a limb or joint
 Appears sick
 Skin rash
 Persistent diarrhea or repeated vomiting
 Exhibits s/s of dehydration
 Exhibits s/s of illness
 Has recurring fevers for 5 days
 Has chronic medical problem

**Intermediate
 Risk**

**REFER to
 Medical
 Provider
 or
 Urgent Care**

EDUCATE
 Importance of referral follow-up
 Importance of following provider treatment/recommendations

Chest pain
 Sudden weakness/numbness of face, arms or legs
 Pale/mottled/ashen/blue color of skin
 No normal responses
 Adult looks very ill
 Shortness of breath/difficulty breathing
 Neck stiffness
 Seizure
 Bile-stained vomiting
 Temporary difficulty with or loss of speech
 Loss of vision/double vision
 Unsteady on feet/loss of balance/dizziness
 Difficulty functioning (mentally or physically)
 Change in ability to remember/understand
 Sudden severe headache
 Newly detected irregular pulse

**High
 Risk**

**REFER to
 Immediate
 Emergency
 Care**

**Call 911 or EMS if
 appropriate**