

Food fuels our mind, body, and spirit!

Orange
Ozaawamiinagaanaande

Keep our **eyes** strong

Red
Miskowaande

Keep our **heart** strong

Yellow
Giisawaande

Keep our **immune system**
strong

Blue
Giizhigowaande

Keep our **brain** strong

Green
Ozhaawashkwaande

Keep our **bones** strong

Where do we get our food from?

