



# BABY'S FIRST CEDAR BATH

Traditionally, our baby's first bath in this world is done with fresh Cedar steeped into the bath water. This can be done by mom, dad, a grandparent or any one else chosen by the baby's parents. We use cedar to make the transition from the spirit world into this this world, and as we use Cedar for the transition during birth we also use Cedar when we leave this world or when we pass. We use Cedar as a spiritual cleansing to make us ready or prepare us for a new form or a new way of being.

