

# ITCMI Behavioral Health Division

## QUARTERLY UPDATES - (APRIL - JUNE) 2025



### Gambling Disorder Initiative – Lisa Moran, Director



- Continuing to offer monthly NODS Assessment Training to all 12 tribes. The NODS is a screening tool designed to identify gambling-related problems. Trainings were held on April 29, May 21 & June 24, with six clinicians trained during this period.
- Continuing to offer monthly Gambling Disorder Training to all 12 tribes & communities via Zoom, in person, or self paced options. Participants receive 2 CEUs upon completion. A training was hosted on June 16.
- Will begin emailing schools in August to schedule dates for our Youth Gambling Presentation for the upcoming school year.
- Contracted with Lamar Advertising to display a Responsible Gambling Billboard from March 17 - April 20, 2025.
- Continue sharing a video featuring an individual's recovery journey from gambling addiction during trainings, on our website & across social media. A 30-sec. version is also airing as a PSA through Spectrum during the 2024-2025 NHL Red Wings Season. In April, the gambling recovery story aired 20 times on Bally Sports & TNT.
- Links to view the gambling recovery stories:  
3:00 min - <https://youtu.be/LyBoEp7qaJs> : 30 sec - <https://youtu.be/RUfO8PN46oc>

### Anishnaabek Strategic Prevention Framework Initiative – Cody Jodoin, Assistant Director



- The Michigan Tribal Prevention Coalition held monthly meetings on April 24 & May 27, with focus group meetings on April 22 & June 17. The coalition includes approximately 200 members representing Tribal, State, and Federal agencies.
- Our Events & Professional Development Calendar is live, highlighting opportunities to strengthen prevention capacity among tribal members & service providers. Visit: <https://www.itcmi.org/events/>. Flyers distributed: 18 (Apr), 15 (May) 19 (JUNE)
- Hosted the 4th Annual Michigan Tribal Prevention Conference on April 15–16 at Bay Mills Resort, welcoming 89 providers & distributing a total of 591 CEUs.
- In collaboration with Joseph Ojibway & Matt Lamphere, we are producing a documentary on Baagaadowewin (traditional lacrosse), featuring Elders, adults & youth, to highlight the cultural, spiritual & health significance of the game to the Anishinaabe people of the Great Lakes region.
- Hosted the first-ever Baagaadowewin event at Fort Michilimackinac in Mackinaw City on June 4. The event was a success, drawing over 40 players and 40 spectators from across the Great Lakes Region, including tribal members from Michigan, Wisconsin, and Minnesota. The next filming date is July 7 at Mt. Pleasant.
- Planning a one-day in-person training with Peer 360 Recovery Alliance on July 21. Titled “*Our Stories Have Power*,” the training will help individuals in recovery learn how to share their stories with purpose and positive impact.

### **Anishnaabek Healing Circle – Medications for Opioid Use Disorder (MOUD) Initiative – Melissa Colby, Program Manager**



- Free fentanyl test strips are available through Indian Health Services for Michigan Tribes. Additionally, both fentanyl & xylazine test strips are available from the Great Lakes Intertribal Epidemiology Center (GLITEC) for tribal health clinics.
- Planning objectives & budgets for the final two years of the MOUD grant award. If your clinic or tribe has an initiative or need that supports increased access to MOUD or harm reduction, send a brief description to Melissa.
- Supported 4 strategic planning workshops this fiscal year for the Tribal BH Network with MPH. The updated strategic plan will guide tribal behavioral health departments with revised objectives, priorities & shared resource recommendations.
- Collaborated with the Chippewa County Health Dept. & Bay Mills Indian Community for Medication Take Back Day (April 25). Distributed medication lock boxes, disposal kits & naloxone.
- Collaborated with U of M to co-brand brochures on opioid use disorder, harm reduction & treatment medications. Brochures are available for your departments to include with outreach materials. Contact Melissa for additional batches.
- Launched 'Carry Naloxone' billboard campaign via digital billboards at the Mackinac Bridge (July) & Traverse City (August).

### **Native Connections Initiative – Jenna Killips, Program Manager**



- This grant supports efforts to prevent suicide & substance misuse, reduce the impact of trauma & promote mental health through cultural activities.
- Continue to meet monthly with tribes to discuss upcoming events & programming.
- QPR (Question, Persuade and Refer) trainings are offered monthly to all MI tribes & communities. QPR teaches 3 steps that anyone can learn to help save a life from suicide.
- Attended the Native Connections Symposium April 29 – May 1 in Minneapolis, MN.
- Little River hosted a wellness event during the first week of May, facilitated by Don Lyons. Approx. 40 employees & some Tribal Council members attended.
- On April 14, Little River had 22 participants attend the SafeTALK training & 14 attend the

QPR training.

- The "Rooted in Wellness" Youth GONA was held in Bay Mills on June 10 & 12, in collaboration with Bay Mills, Sault Tribe, ITCMI Behavioral Health & the Health Ed. & Chronic Disease Department. Don Lyons, along with other SAMSHA TTA staff facilitated the event. There was representation from 13 tribes (9 from Michigan), with a total of 68 attendees.
- Billboards with suicide prevention messaging are on display through July 28 in the Manistee & Muskegon area.

### **SOR4 Tribal Medicated Assisted Treatment & Recovery Initiative – Amanda Frazier, Program Manager**



- 37 clients with an opioid use disorder and/or stimulant use disorder have been enrolled in tribal evidence-based outpatient treatment programs; 9 clients entered residential treatment or been referred to a Healing to Wellness Court.
- Trained 5 participants on naloxone administration, harm reduction practices, & community distribution strategies. Distributed 277 double dose nasal kits across communities.
- Offering a free webinar training series: "Sacred Pregnancy – Sacred Support" on May 6 & 20, June 10, July 8 & 29.
- Contracted with Lamar Advertising to display 5 billboards promoting naloxone awareness across communities.
- A PSA sharing an individual's recovery story aired 1,841 times on Spectrum (streaming & cable), reaching 429,685 impressions via streaming.
- Hosted an informational table at the Rudyard Health Fair, distributing materials on medications for opioid use disorder, cultural resources, mental health support & other treatment-related services. The event had 589 attendees.

## **Anishnabek Community Opioid Intervention Prevention Program– Arlene Kashata, Program Manager**



- Our COIPP grant, funded by IHS, runs from 2/1/25 – 1/31/30. It will support ongoing trainings, education & opioid prevention/intervention strategies & materials for the 12 Tribes & American Indian Health & Family Services.
- Contracted with Lamar Advertising for a billboard posted from 4/21/25- 5/18/25. This had 27,602 weekly impressions. The billboard promotes “One Step at a Time” for sobriety incorporating a cultural perspective.
- Hosted a virtual training with Joseph Sutherland on Anishinaabe Izhitaawin II, with 36 participants. Mr. Sutherland shared additional cultural teachings and language, connecting them to healing/recovery from substance use & received positive evaluation feedback.
- Hosted our 4<sup>th</sup> Annual Tribal BH Conference “Embracing Gratitude – Miigwechiwendamowin”, on May 13-14 at Grand Traverse Resort. The conference had 100 attendees, 8 educational vendors & 8 cultural arts vendors. Speakers provided excellent information on substance use treatment modalities, integrated with cultural teachings where appropriate.
- Hosting a White Bison “Wellbriety – Warrior Down, Peer Recovery Coach” training at Bay Mills Resort & Casino on July 22 – 24. Space is available for 20 participants.



## **Title VI, Mental Health Delivery Systems (MHDS), Tribal Behavioral Health Initiative (TBHI) – Christin McKerchie, Program Manager**

### Title VI:

- Provides elder services include congregate & home- delivered meals, nutrition education sessions, transportation assistance, & outreach.
- Nutrition Services: 750 congregate meals served for 30 individuals, delivered 1,411 meals to 11 individuals. Held 155 nutrition education sessions, with 108 individuals receiving nutrition counseling.
- Supportive Services: Provided case management to 26 clients, 111 one-way transportation trips for 11 elders, & personal care/chore services to 29 clients.
- Caregiver Services: Served 23 caregivers, provided 39.15 hours of respite care, held 8 support groups & offered supplemental services including food, clothing & financial support.

### Mental Health Delivery Systems (MHDS):

- Provides culturally sensitive outpatient therapy & group services.
- Served 240 individuals through 742 appointments which included therapy, evaluations & medication fills.

### Tribal Behavioral Health Initiative (TBHI):

- Provides transportation assistance for BH & medical appointments, grocery shopping, pharmacy visits & court appointments.
- Completed 546 visits for therapy & medication management, provided transportation for 27 clients & conducted 209 home visits for case management.

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## Billboards displayed



## Rooted in Wellness Youth GONA



## Behavioral Health Conferences hosted by our BH Division





